



The Programme

President: Peter K
Vice Presidents: Brian D, Bob H, Kevin H, Lyndon M, Ruth T
Committee:
Chair: Anne H 20486291, **Secretary:** Bob N 20575229,
Treasurer: Jane O 20402571, **Members:** Andy C 20764987,
Chris L 20238576, Colette L 20492054, Julian L 20567013,
Kate P 01446 792154, Steve B 07812 586949



chapter is our Tuesday night venue. Why not join us in the bar after the meeting.



Roy C is organising regular climbing events. If you're interested phone 01443 710828

New Members Welcome

June 2004



How to find **chapter**

Tuesday 1 Dinas Powys walk

Bob leads us on a 4mile walk around the little-visited (by COG) Dinas Powys area. Meet museum 6.30pm or Star Inn, Dinas Powys 7pm.
Contact Bob H 20756203



Thursday 3 Tennis evening

Julie R puts us through our tennis paces in her inimitable manner.
Meet Llandaff fields tennis courts 6.30pm for the coaching session. Afterwards a beverage at the Beverley, Cathedral Road. Small charge for court hire.
Contact Colette L 20492054



Saturday 5 Ultimate Valleys Walk Part 3 - Ton Pentre to Port Talbot

Stage 3 through more unfamiliar territory, via Werfa, Mynydd Caerau, the café at Afan Argoed Country Park, Ponrhydyfen and Mynydd Emroch.
22-ish miles. Packed lunch required.
Contact Steve B 20307272



Sunday 6 Melincourt Waterfall & Glyncoerwg Walk

12miles of cooling forests in a little-known part of the Valleys and a new (for most) waterfall in the Neath Valley. Packed lunch required.
Meet at Museum 9.30am
Contact Ian R 01633 881447



Tuesday 8 Treasure hunt

The quest begins at the Cathedral Green, Llandaff. Once the treasure has been discovered, relax with a well-earned tot of rum at the Black Lion, Llandaff. Meet Cathedral Green 7pm.
Contact Julian L 20567013



Sunday 13 Trip to Aberglasney Gardens

Situated near Llandeilo/Cross Hands, Aberglasney House and Gardens have been the inspiration for poets since 1477. Entry fee is £5 per adult - more details at www.aberglasney.org/
Contact Enid L 20655253



Tuesday 15 City centre walk

An opportunity to find out more about our beautiful city of Cardiff. On this 2mile walk we stop at eight points of special interest. Meet at the Mochun Du, Sophia gardens 7pm. We shall return to the same hostelry later.
Contact Sian D 01446 719697



Friday 18 - Sunday 20 Newport (Pembs) Hostelling Trip

We will be staying in cosy Tefdraeth hostel (in Newport). Any hostel that's within shouting distance of both pubs and the Pembrokeshire coast has to be worth a visit.
Contact Jane O 20402571



Tuesday 22 Pen-y-Fan

This year Sue leads our summer solstice climb. Meet at the museum at 6pm or the Storey Arms at 7pm. We should return in daylight, but bring a torch just in case.
Contact Sue C 20747192



Saturday 26 - Sunday 27 Offa's Dyke Slackpack

A linear walk of approx. 18miles each day from Abergavenny to Chepstow with a B&B in Monmouth on Saturday night. The plan is to use the train from Cardiff to the start & then return from Chepstow.
Contact Andy C 20764987



Tuesday 29 Llanishen walk

Join Gill and Phil for a tranquil walk through park and woodland in gracious Llanishen. Drinks and nibbles afterwards at their new abode. Meet museum 7pm.
Contact Gill S 20757663



Sunday 27 Goytre Walk

8-10miles over hill and dale, through woodland and along canal. Packed lunch required but café/pub stop somewhere along the way.
Meet at Museum 10.00 am
Contact Sian D 01446 719697



Visit <http://www.cardiffoutdoorgroup.org.uk> or email info@cardiffoutdoorgroup.org.uk

Fancy arranging any events? Your ideas are very welcome; please contact Steve (weekends) or Colette (Tuesdays).

The group has maps & equipment available for the use of members.
Contact Malcolm 2038 7243

Weather Wear.
It is your responsibility to have suitable clothing & footwear

If you would like to bring children or dogs, please check first with the event organiser

The grade key below refers to the terrain, not the distance, which is shown separately for each event.

