



# The Programme

**President:** Peter K  
**Vice Presidents:** Brian D, Bob H, Kevin H, Lyndon M, Ruth T  
**Committee:**  
**Chair:** Clive C 20902164, **Secretary:** Bob N 20575229,  
**Treasurer:** Jane O 20402571, **Members:** Andy C 20764987,  
Chris L 20238576, Catherine H 20624416, Julian L 20567013,  
Kate P 01446 792154 Jane S 20759980



**chapter** is our Tuesday night venue. Why not join us in the bar after the meeting.

## New Members Welcome

## June 2005



How to find **chapter**

### Sunday 5 Llandegfedd Walk

A circular walk of about 6 miles, between Croesyceiliog and Llandegfedd.

Meet Museum at 10am packed lunch required, but chance of a pub stop. Contact Bob N. 20575229



### Tuesday 7 Sirhowy Valley Walk

A 3-mile circular walk in the Sirhowy Valley Country Park.

Meet Museum 6.30pm Contact Bob N. 20575229



### Friday 10 Sian's Big Party

Come and celebrate Sian's BIG birthday at a garden party at Enid's! Please bring a plate of food and whatever you'll be drinking.

Contact Enid in advance to reserve your place and get full details on 20655253



### Sunday 12 Castles, Cottages and Coast

About 12 miles from Merthyr Mawr car park. We will see Candlestone and Ogmore castles, pass picturesque thatched cottages and have fine views of the coast.

Meet Museum at 10am. Contact Bob H 20756203



### Tuesday 14 Art & Design UWIC

A guided tour of the art and design degree shows at Cardiff School of Art and Design. Bring your chequebooks if you fancy buying some fresh, original fine art.

Meet at the Ernest Willows pub, City Rd 7.30pm or in the art school's reception at 8.15pm.

Contact Clive C. 20902164



### Sunday 19 Waterfalls Walk – Ystradfellte

One of our old favourites – for all those who like rivers and waterfalls, a 12-mile circuit along the Mellte and Nedd rivers, crossing behind the Sgwd yr Elra waterfall. Can be slippery in places.

Meet Museum at 10am. Contact Jane O. 20402571



### Tuesday 21 Pen-y-Fan - Summer Solstice Walk

Join us on our annual climb of South Wales's highest Peak to celebrate the Summer Solstice - albeit a day late. Please bring a torch, though we should make it down before it gets dark.

Meet Museum at 6pm or at the Storey Arms at 7pm.

Contact Jane O. 20402571



### Saturday 25 The Gower Way

25 miles of the Gower Way going from the northern end (Penlle'r Castell, the remains of a 13th Century castle) and finishing at the Oxwich Bay Hotel. We'll leave Cardiff at 8am on a Saturday. Park in Swansea and I'll arrange transport from the centre of Swansea to the start of the walk and from the pick up at the end back to the cars. Names before the date to me (Tel. 029 20238576 or email [ch\\_lewis@cardiff32.freemove.co.uk](mailto:ch_lewis@cardiff32.freemove.co.uk)).

Numbers limited for transport reasons.



### Tuesday 28 Rowing Roath Park Lake

Rowing on Roath Park lake, afterwards at the Discovery Inn.

Meet Roath Park Boat house 6.30pm. Contact Catherine H 20624416



Visit <http://www.cardiffoutdoorgroup.org.uk> or email [info@cardiffoutdoorgroup.org.uk](mailto:info@cardiffoutdoorgroup.org.uk)

**Fancy arranging any events?** Your ideas are very welcome; please contact Andy (weekends) or Catherine (Tuesdays).

The group has maps & equipment available for the use of members. Contact Malcolm 20387243

### Weather Wear.

**It is your responsibility to have suitable clothing & footwear**

**If you would like to bring children or dogs, please check first with the event organiser**



The grade key below refers to the terrain, not the distance, which is shown separately for each event.

