



# Cardiff Outdoor Group



Jan 06

## New Members always welcome

### President

Bob Hall

### Committee

#### Chair:

Clive C 2090 2164

#### Secretary:

Bob N 2057 5229

#### Committee Members:

Chris L 2023 8576

Catherine H 2062 4416

Katherine T 2088 1572

Jane O 2040 2571

Julian L 2056 7013

Jane S 2075 9980

Rhona 2086 0181

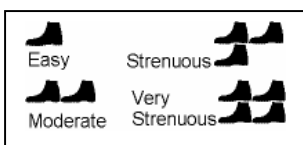
**chapter** (Market Rd, Canton) is our Tuesday night venue. Why not join us in the bar after the meeting.

**If you would like to bring children (under 17) or dogs, please check first with the event organiser**

**Fancy arranging any events?** Your ideas are very welcome; please contact Rhona or Catherine H (weekends) or Katherine T (Tuesdays)

### Walk Grading

The grade key below refers to the terrain, not the distance, which is shown separately for each event.



### Tuesday 3<sup>rd</sup> Pub Night

New Years Day may have been and gone but the festivities are not yet over. Join Clive for some New Year cheer in the Conway Pub, Saloon Bar, Conway Rd, Pontcanna from 8.00pm  
Contact Clive 2090 2164



### Sunday 8<sup>th</sup> Taff Trail Part 10

This stage of the Taff Trail is a pleasant 6 mile walk through woodlands around Pontsticill Reservoir. Bring a packed lunch. Meet Museum at 10am. Contact Julian 2056 7013



### Tuesday 10<sup>th</sup> Machu Picchu Talk

Machu Picchu is often quoted as the number one place to visit. Hear Bob's tales of his trip to Peru and whether he considers it to be his favourite destination. Chapter 8pm.  
Contact Bob H 20756203

**chapter**

### Sunday 15<sup>th</sup> Llantwit Major Walk & BBQ

Come & enjoy the sea air with a 3 mile walk followed by a barbecue on the beach. Meet in the beach car park at 11.00am for wood collecting, walk starts at 11.30am and back for food at 2pm. Ring Kevin in advance to book your food (Small charge). Contact Sian 01446 719697 or Kevin 20762407



### Sunday 15<sup>th</sup> Small COGs Walk

A short walk for the family in Llantwit Major Area. Contact Ceri 2075 6801



### Tuesday 17<sup>th</sup> Lands End to John O' Groats – Part 2

Pennine Way to Southern Scotland. Last year Steve walked from Land's End to John O'Groats. Hear the second instalment in his adventures. Chapter at 8.00pm.  
Contact Steve B 07812 586949

**chapter**

### Saturday 21<sup>st</sup> – Bike Ride

A 30 mile cycle ride with some light off-road riding around Machen & Ruperra, finishing at the Cefn Mably pub in Michaelston-y-Fedw for a pub lunch. Meet 10.00am at Lisvane & Thornhill Railway Station.  
Contact Clive 2090 2164



### Sunday 22<sup>nd</sup> Garth Walk

An easy 8 miles taking in the Ogwr Ridgeway walk, a roman camp, a memorial stone to a 6<sup>th</sup> century chieftan and great views as we descend the Cwm Sychbant back into Garth. Meet Museum at 9.30am. Contact Jane O 2040 2571



### Wednesday 25<sup>th</sup> Burn's Night Meal

We will be celebrating Burn's Night at the Gate, Keppoch St, Cardiff. Time tbc. Cost approx £15. Names ASAP but by Tues 10<sup>th</sup> Jan at the latest to Catherine H 2062 4416



### Sat 28 – Sun 29<sup>th</sup> Llandeusant Working Party

Our annual trip to COG's adopted hostel for a bit of decorating & cleaning (no previous experience required!). What are the new showers like? Communal meal/drinking on Saturday night. Contact Steve B 07812 586949.



### Tuesday 31<sup>st</sup> Jan Pub Night & evening walk in Penarth

Meet at 7.30 in the Wetherspoons pub in Penarth (The Bear's Head, Windsor Rd), ready to go for a bracing stroll along the front and back for a pint.  
Contact Dorothy 20312694

### Weather Wear.

It is your responsibility to have suitable clothing & footwear

Visit [www.cardiffoutdoorgroup.org.uk](http://www.cardiffoutdoorgroup.org.uk) or email [info@cardiffoutdoorgroup.org.uk](mailto:info@cardiffoutdoorgroup.org.uk)