



# Cardiff Outdoor Group



Feb 06

## New Members always welcome

**President**  
Bob Hall

### Committee

**Chair:**  
Clive C 2090 2164

**Secretary:**  
Bob N 2057 5229

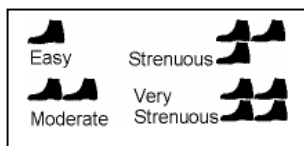
**Committee Members:**  
Chris L 2023 8576  
Catherine H 2062 4416  
Katherine T 2088 1572  
Jane O 2040 2571  
Julian L 2056 7013  
Jane S 2075 9980  
Rhona 2086 0181

**chapter** (Market Rd, Canton) is our Tuesday night venue. Why not join us in the bar after the meeting.

**If you would like to bring children (under 17) or dogs, please check first with the event organiser**

**Fancy arranging any events?** Your ideas are very welcome; please contact Rhona or Catherine (weekends) or Katherine (Tuesdays)

**Walk Grading**  
The grade key below refers to the terrain, not the distance, which is shown separately for each event.



**Friday 3<sup>rd</sup> Friday Nite Fever**  
Get into the groove as we mingle with the young 'uns & blitz into an unsuspecting nightclub. Meet in the Gatekeeper (Womanby St) at 8pm or  
Contact MC Stevie B 07812 586949



**Sunday 5<sup>th</sup> Monmouth Walk**  
8 miles walk from Monmouth to Redbrook and back via the River Wye, taking in the Kymin, Offas Dyke path. Bring a packed lunch but there is a pub halfway. Meet at Museum at 9.30am or at the carpark near the historic bridge in Monmouth at 10.30am  
Contact Tony R 2074 7743



**Tuesday 7<sup>th</sup> Prague Talk**  
Hear all about last year's trip to Prague by the group. Chapter 8pm.  
Contact Julian 2056 7013

chapter

**Saturday 11<sup>th</sup> Blackmill Walk**  
14 miles over hills & through dales, exploring little known paths & forest in the Ogmere, Garw & Lynfi valleys (bring a torch). Possible pub meal at the end. Meet Museum at 9am.  
Contact Steve B 07812 586949



**Sunday 12<sup>th</sup> Small COGs Walk**  
A short walk for the family  
Contact Mary and Wayne 01633 894809



**Sunday 12<sup>th</sup> Crickhowell Skyline & the Grwyne Fechan Valley**  
12ish miles circular walk in hills & valleys around the fabulous area of Crickhowell. Meet at the Museum 9am.  
Contact Sue C 20747192



**Tuesday 14<sup>th</sup> Bowling Night**  
Show off your skills on the alley. Meet at UCI Hollywood at 8pm. Please let me know if you're coming by 4<sup>th</sup> Feb so I can book the alleys. Contact Katherine T 2088 1572



**Saturday 18<sup>th</sup> Bike Ride**  
A 30 mile cycle ride enjoying the lanes around Porth and Tonyrefail, with a possible café brunch stop. Meet 10.00am at Llandaff Cathedral (top of the hill).  
Contact Clive C 2090 2164



**Sunday 19<sup>th</sup> Blaenavon Heritage Walk**  
Enjoy a walk around the Industrial Heritage area of Blaenavon, just over 6 miles. Meet at the Museum at 10am.  
Contact Rhona 20860181



**Tuesday 21st Lands End to John O' Groats - Part 3**  
Highlands, Orkney & Shetland. Last year Steve walked from Land's End to John O'Groats Hear the final part of his adventures. Chapter at 8.00pm  
Contact Steve B on 07812 586949

chapter

**Sunday 26<sup>th</sup> Cwmddu Walk**  
15 miles (approx) in the beautiful Black mountain/Brecon Beacons Area. Bring packed lunch and torch. Meet at the Museum at 9.30am.  
Contact Mark B 07774 215039



**Tuesday 28<sup>th</sup> Pancakes**  
Celebrate Shrove Tuesday with pancakes at Phil & Gills's house in Llanishen. All welcome, but please let us know if you are coming by Sunday 26<sup>th</sup> February. Small donation requested towards ingredients. Contact: Gill & Phil 2075 7663



**Forthcoming Events**  
**Easter Weekend 14<sup>th</sup> - 17<sup>th</sup> April**  
**Arundal Youth Hostel** - West Sussex for scenic walks around Brighton area.  
Contact Clive C 2090 2164  
**Or**  
**Backpacking on the beautiful Llyn Peninsular.** Contact Steve B 07812 586949