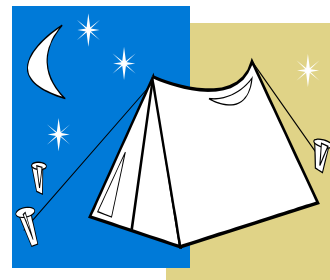




# Cardiff Outdoor Group



## July 06

**New Members always welcome**

### President

Bob Hall

### Committee

#### Chair:

Clive C 2090 2164

#### Secretary:

Bob N 2057 5229

#### Committee Members:

Chris L 2023 8576

Catherine H 2062 4416

Katherine T 2088 1572

Jane O 2040 2571

Julian L 2056 7013

Lyndon M 2075 6122

Jane S 2075 9980

Rhona 2086 0181

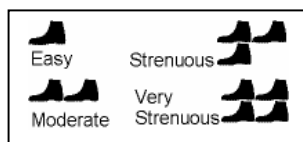
**chapter** (Market Rd, Canton) is our Tuesday night venue. Why not join us in the bar after the meeting.

**If you would like to bring children (under 17) or dogs, please check first with the event organiser**

**Fancy arranging any events?** Your ideas are very welcome; please contact Rhona or Katherine T (Weekends) or Catherine H (Tuesdays)

### Walk Grading

The grade key below refers to the terrain, not the distance, which is shown separately for each event.



### Sunday 2nd Mountain Walk

Starting from Storey Arms & taking in Fan Frynych, Fan Nedd, Fan Llia, Fan Dringarth, Fan Fawr. Length 20km (12.5 miles). Meet Museum at 9am. Contact Mark B 2088 1568



### Sunday 2nd Taff Trail Part 13 Talybont to Brecon

7 easy miles along the Brecon & Monmouthshire canal to the official end of the Taff Trail. Please bring change for the bus from Brecon to Talybont (approx £1.60). Meet at museum at 9.45am sharp. Contact Julian 029 20567013



### Tuesday 4th Llantwit Major walk

An easy circular walk through the old town of Llantwit Major down to the Heritage Coast. Catch the 18.36pm train from Cardiff central to Llantwit Major or meet at 7.20pm in the station carpark. Later at the Old Swan Inn, Old Town Square. Cheaper evening tickets can be bought after 6.30pm. Contact Kate 01446 792154



### Sunday 9th Coastal Walk

Meet at Cathays train station to catch the 11.09 to Dinas Powys (arrive 11.37). Then it's an 8-10 mile mostly coastal walk to Penarth followed by a boat back to Cardiff. Great views over towards Somerset, Flatholm and Steephholm. Contact Chris L 2023 8576



### Tuesday 11th July Rhiwbina Walk plus Extraordinary General Meeting

Come and hear about the history of Rhiwbina Garden Village from a local resident, Jeff Heath – followed by a 2 mile walk to the Butcher's Arms in Rhiwbina. Catch the 18.35 no 21 bus from Cardiff central & meet outside Rhiwbina Library at 7pm (frequent buses back into town). Contact Enid 2065 5253

**EGM** regarding hostel closures in the Butchers Arms from 9.00pm. Contact Clive 2090 2164.

### Fri 14th – Sun 16th St David's Peninsular Backpacking Weekend

Make space in your backpack for some bathers - Plenty of sun, sea and cliffs with mileages of 10ish & 12ish. Contact Steve B 07812 586949 before 12th July.

### Fri 14th – Sun 16th Story telling weekend at Much Wenlock

A story telling festival at Much Wenlock. A number of us are planning to camp close to the festival site (£50 for the W/E) or day tickets are available. Contact Sarah & Dave on 029 2030 1662

### Saturday 15th Cycle Ride

A 40 mile ride through the Vale of Glamorgan from Port Talbot to Cardiff, with a pub lunch en route. Packed lunch optional. Meet at the ticket office, Cardiff railway station at 9.45am to catch the 10.07am to Port Talbot Parkway. Contact Clive C 029 2090 2164



### Tuesday 18th July Rounders

Meet at Roath Park recreation ground car park, corner of Ninian Rd & Penylan Rd at 7pm. Afterwards at the Allensbank pub. Contact Lyndon 2075 6122

### Sunday 23rd Small COG walk

Contact Jane & John 2075 9980

### Sunday 23rd COG's 3 Peaks Trail Walk

Be the first to walk a new shorter 3 peaks trail silver route, involving just 2 peaks, Bloreng & Sugar Loaf – 12 to 14 miles. For details (incl possible early drop-out option) contact Enid on 029 2065 5253



### Tuesday 25th July Evening Walk

Join us for a stroll (approx 3 miles) around the Wentloog levels. Meet at the Museum at 6.30pm. Afterwards at the Six Bells Pub (hotel), Wentloog Rd (B4239) Contact Jane S 2075 9980



**28 – 30 Lulworth Cove weekend in Dorset** – Contact Jane O - 2040 2571

Visit [www.cardiffoutdoorgroup.org.uk](http://www.cardiffoutdoorgroup.org.uk) or email [info@cardiffoutdoorgroup.org.uk](mailto:info@cardiffoutdoorgroup.org.uk)