



Cardiff Outdoor Group



Sept 06

New Members always welcome

President

Bob Hall

Committee

Chair:

Clive C 2090 2164

Secretary:

Bob N 2057 5229

Committee Members:

Chris L 2023 8576

Catherine H 2062 4416

Katherine T 2088 1572

Jane O 2040 2571

Julian L 2056 7013

Lyndon M 2075 6122

Jane S 2075 9980

Rhona 2086 0181

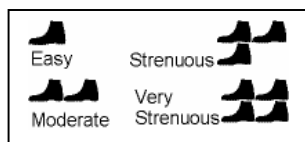
chapter (Market Rd, Canton) is our Tuesday night venue. Why not join us in the bar after the meeting.

If you would like to bring children (under 17) or dogs, please check first with the event organiser

Fancy arranging any events? Your ideas are very welcome; please contact Rhona or Katherine T (Weekends) or Catherine H (Tuesdays)

Walk Grading

The grade key below refers to the terrain, not the distance, which is shown separately for each event.



Sunday 3rd - River Wye Canoe Trip

7 miles from Huntsham Bridge stopping at Symonds Yat for refreshments & ending at Monmouth. In open 2 man canoes on the lovely river Wye. Price per head approx. £14. Don't forget your bathers, we're going in! That's for a swim! Meet at the museum at 10am. To book your place contact Phil Sz on 029 20471072 or 07967381243 by Wednesday 23rd August at latest.



Tuesday 5th Badminton

Join me at the Canton Community Centre, I have booked to 2 courts from 7.30pm to 8.30pm (cost is £8.40 per court) - drinks afterwards at Chapter. Please contact Andy to book your place A.S.A.P, so that I can decide if more courts are needed. Contact Andy M on 029 2023 1838.



Sat 9th - Cycle Ride in the Gwent Countryside

30 mile ride through the lanes from Newport to Shirenewton and back, with a pub lunch. Meet at Cardiff Central railway station ticket office at 9.30am to catch the 9.45am to Newport. Phone Clive 2090 2164.



Sunday 10th - Newnham Walk including the Severn Bore

See a 3 star bore on the Severn at 10.26am (time can vary either way by 30 mins due to weather conditions) the tide is 9.8, afterwards enjoy a 6-7 mile walk in the Newnham area. Meet at the museum 8.30am prompt. Contact Julian L on 029 20567013 or 07773 228290



Tuesday 12th Quiz night

Kevin is doing a quiz about living in the world today. It will not require much general knowledge just practical knowledge. Meet at Chapter at 8.00pm. Contact Kevin 2076 2407



Sunday 17th - Llynfi valley walk

A varied 10 mile walk, setting off from Bryngarw Country park near Bridgend. Meet Museum at 10.00am. Contact Jane O 2040 2571



Tuesday 19th Cinema Night

Meet at the Prince of Wales pub in Wood Street, at 7.00pm to decide which film to see. Contact Jane S 2075 9980



16-23rd COGs late summer holiday in Southern France - Fully booked

Sunday 24th - Small Cog Walk

For details contact Jane & John 029 20759980

Sunday 24th - Dare Valley Country Walk

9 mile led walk round Lluest-Wen Reservoir or family walks of 1, 2 or 3 miles. Fund-raiser for Age Concern - registration £3 for adults, £1.50 for children or get £10+ in sponsorship. Meet museum 10am or see you up there. Contact Gill S 029 2075 7663



Tuesday 26th Skittles

Show off your skills in the alley at The Three Arches Pub, Roath. 7.30pm. Contact Katherine T 20881572



Friday 29th Sept - Sunday 1st October - Arans Backpack

Explore this long, dramatic ridge with the COG elite. Friday night at Dinas Mawddwy, Saturday a wild camp beside a mountain tarn. Names in advance to Steve B (07812 586949) before Wed 27th Sept.



Forthcoming Events

Friday 29th Dec - Monday 1st Jan - London Weekend

Spend the New Year in London, take in the seasonal atmosphere and see the fireworks go off at mid night. Interested contact Julian on 029 20567013.



Visit www.cardiffoutdoorgroup.org.uk or email info@cardiffoutdoorgroup.org.uk