



# Cardiff Outdoor Group



February 2007

## New Members always welcome

### President

Bob Hall

### Committee

#### Chair:

Clive 20902164

#### Secretary:

Catherine H 20624416

#### Committee Members:

Bob N 20575229

Chris L 20238576

Jane S 20759980

Julian L 20567013

Katherine T 20881572

Lyndon M 20756122

Rhona 20860181

**Chapter** (Market Rd, Canton) is our Tuesday night venue. Why not join us in the bar after the meeting.

**If you would like to bring children (under 17) or dogs, please check first with the event organiser**

**Fancy arranging any events?** Your ideas are very welcome; please contact Rhona or Katherine T (Weekends) or Bob N (Tuesdays)

### Sunday 4<sup>th</sup> - Rhymney Valley

#### Walk

11 circular miles from Llanbradach taking in Mynydd Eglwysilan, Hengoed viaduct and Mynydd Dimlaith. BPL and torch (just in case) required. Meet at Museum 9.30 am. Contact Steve B (07812 586949)

### Tuesday 6<sup>th</sup> - Theatre night 'To kill a Mockingbird'

Join us at the **New Theatre** to see this adaptation of the Pulitzer prize winning novel of life in the Deep South of America. Tickets available from Jane O 20402571 or email [jane\\_ormrod@btinternet.com](mailto:jane_ormrod@btinternet.com)

### Sunday 11<sup>th</sup> - Caerphilly/Rudry Walk

A 6-7 mile woodland walk in the Caerphilly/Rudry. BPL. Meet museum at 10.00. Contact Rhona on 029 20860181.

### Sunday 11<sup>th</sup> - Small Cog Walk

For details contact Rowena & John 029 20915562

### Tuesday 13<sup>th</sup> - Quiz night "How well do you know Wales".

**Peter K** host this quiz which encompasses the history and geography of Wales as well as some Welsh current affairs at Chapter 8pm Room- 1st Space.

### Sunday 18<sup>th</sup> - Llanharan and the wind turbines

A classic circular walk of 9 miles, along footpaths, track ways and an ancient ridgeway with fine views. The walk passes Bronze Age burial chambers, the ruins of an old church, old colliery buildings and a modern wind farm. The walking is moderate but parts of the ridgeway can be muddy. There are several places to stop along the ridgeway, the best being the rocky outcrop and the wind farm. BPL. Meet museum at 10.00. Contact Bob N on 029 20575229

### Friday 16<sup>th</sup> - Sunday 18<sup>th</sup> - Hay-on-Wye/Kington Backpack

COG people love their winter backpacks along Offa's Dyke Path so here's another in one of the best areas of the Welsh arches. Bring your thermals for quality daily walks of 15 and 13 miles. Contact Steve B on 07812 586949 by Tuesday 13<sup>th</sup> of February.

### Tuesday 20<sup>th</sup> - Pancake night

Julian has kindly let us have the run of his house and more especially the kitchen on this Shrove Tuesday from 8pm. Pancakes will be served by our guest chef. (A small charge will be made on the night). Contact Bob N 029 20575229

### Sunday 25<sup>th</sup> - Walk in the Black Mountains

Waun Fach & Y Grib in the Black Mountains - There are few finer approaches to the Black Mountains than the narrow, rocky crest ridge of Y Grib. From the Castle Inn at Pengefnordd near Talgarth. This 9.5 mile walk also passes the ruins of Castell Dinas and includes the summits of Waun Fach and Pen y Gadair Fawr. BPL. Meet museum at 9.30. Contact Chris L on 029 20238576.

### Tuesday 27<sup>th</sup> Badminton

Join me at the Canton Community Centre, I have booked to 2 courts from 7.30pm to 8.30pm (cost is £8.40 per court) drinks afterwards at Chapter. Contact Katherine on 029 20881572 to book your place A.S.A.P, so that I can decide if more courts are needed.

### Other weekends booked

1st May BH - Snowdonia - Enid & Sian -  
2nd May BH - Salcombe - Rhona  
22<sup>nd</sup> - 24<sup>th</sup> June - Clun Mill - Jane O

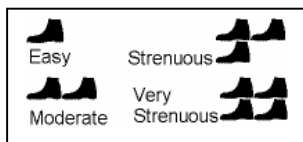
### Possible weekend

Late September - Gloucestershire - Sian

**BPL** = Bring a packed lunch.

### Walk Grading

The grade key below refers to the terrain, not the distance, which is shown separately for each event.



Visit [www.cardiffoutdoorgroup.org.uk](http://www.cardiffoutdoorgroup.org.uk) or email [info@cardiffoutdoorgroup.org.uk](mailto:info@cardiffoutdoorgroup.org.uk)