

March 2008

Cardiff Outdoor Group



walking weekends away back-packing cycling evenings out

- Sunday 2 **Quiet Valleys Walk** ●● (11 miles) taking trains from Mountain Ash to Abercynon via the Brynffynon Pub, Buarth Capel. **Meet 9.30 a.m. Cardiff Central railway station** to catch 09:41 train to Aberdare. **BPL.** Contact Steve B on 07812 586949.
- Tuesday 4 **May/June programme drink and optional meal at The Gatekeeper** (top floor), Westgate Street **from 7.30 p.m.** A chance for members to suggest ideas for events and walks etc. for May and June over a drink or a meal.
- Sunday 9 **Small COGs walk.** Contact Gaby and Pedro for more details on 01656 742 962.
- Sunday 9 **Llandegfedd Walk** ●● (7 miles) around Llandegfedd Reservoir and village taking in the Sor Brook Valley, woods and an old trade route. **Meet Chapter 10.00 a.m. BPL.** Contact Bob N 2057 5229 or 07780 701365.
- Tuesday 11 **Dolomites and Iceland Slideshow** by Ian R on his trips to Europe's spikiest mountains and to the land of 'geysers and lava deserts'. **8.00 p.m. Chapter, 1st Space.**
- Sunday 16 **Daffodil Walk** ● (9 miles). Wild narcissi in southern Herefordshire, with the possibility of tea and cakes en route. **Meet 10.00 a.m. Chapter. BPL.** Contact Julian L 2056 7013.
- Tuesday 18 **Guided tour of the medieval ship** discovered along the banks of the Usk in Newport a few years ago. Free, but you **MUST** pre-book. Names to Julian L. 2056 7013 / 07773 228290 or email info@cardiffoutdoorgroup.org.uk by Tuesday 4 March at the latest. **Meet Chapter at 7.15 p.m. or on site** at the Ship Conservation Centre, Unit 22 Maesglas Industrial Estate (Behind Parcel Force), Greenwich Road, Docks Way (opposite Big W), Newport at **7.50 p.m.**
- Thur 20 – Mon 24 **Kettlewell YHA Easter weekend.** Now fully booked.
- Tuesday 25 **Three Peaks Briefing.** An important meeting for all of us helping out on the Trial on Saturday. Duties will be finalized tonight. **8.00 p.m. Chapter, 1st Space.**
- Saturday 29 **Three Peaks Trial.** Your assistance is needed to provide facilities for those hill-hungry hordes from all over the UK raising cash for YHA and ourselves. If you are able to help, please contact Chris on 2023 8576 or Andy P on 2049 2482 or e-mail ajp@roblins.co.uk
- Forthcoming events:** 2-5 May, **Alfriston YHA May Day Bank Holiday Weekend.** This hostel is a 16th century period house in walking distance of the East Sussex coastal path. Contact Sian D on 01446 719697 or shannycelt@hotmail.com. Payment by Tue 26th February.
- 2-5 May **Plynlimon Backpacking** May Day Bank Holiday Weekend. Celebrate ten years of Steve's COG packs on a trip to one of Wales's most enigmatic hills. Names by Tuesday 29th April to Steve B on 07812 586949.
- 23-26 May **Boscastle YHA** Late May Bank Holiday Weekend. A 4 star hostel (renovated after the floods), two pubs in the village, and access to miles of beautiful coastal walks. For details or to book, contact Jane O on 20402571 or jane_ormrod@btinternet.com.
- Saturday 14 June **Gower Gallop Challenge Walk.** A choice of three walking routes: 12.5, 20 or 30 miles. For further information, contact Enid on 2065 5253.
- 13-20 September **Switzerland Holiday.** A week of walking, following well-marked paths, and sightseeing in the Bernese Oberland based in Kandersteg. Walking expected to be ●● or ●●● depending on the group. Contact Enid on 2065 5253.



For more details, contact:

Sian (Chair) 01446 719 697
Viv (Secretary) 029 2076 3810
Bob G. (Membership) 029 2020 4165

Fancy organizing a walk, a weekend, or an event? Please contact the programme organizers below. Your ideas are very welcome:

Weekends: Rhona 029 2086 0181
Tuesdays: Bob N. 029 2057 5229

Meeting point for walks:

Chapter main entrance, Market Road, Canton, Cardiff, CF5 1QE. If you would like to bring children (under 17) or dogs, please check with the event organiser.

Walk grading:

- easy
- moderate
- strenuous
- very strenuous

BPL = bring a packed lunch

New members always welcome
www.cardiffoutdoorgroup.org.uk