

# July 2008 Cardiff Outdoor Group



walking weekends away back-packing cycling evenings out

- Tuesday 1 **Cwm Nash to Cwm Marcross Seascapes Walk** ●● (4 miles). Drinks at The Horseshoes Inn approximately from 9.00 p.m. Contact Sian D on 01446 719 697. **Meet 6.00 p.m. Museum or 7.00 p.m. at The Horseshoes Inn, Marcross.**
- Sunday 6 **Usk Valley Walk part 2** ●● (6-7 miles). From the Usk Reservoirs, following the course of the river. Contact Julian on 2056 7013. **Meet 9.30 a.m. Chapter. BPL.**
- Tuesday 8 **Newport Wetlands Visit.** The reedbeds, lagoons, grassland and scrub in this wildlife reserve have attracted a wealth of wetland birds. A guided walk has been arranged for 7.00 p.m. Numbers are limited. Phone Chris 2023 8576 before 3rd July to book.
- Fri 11 – Sun 13 **Tyn Cornell Weekend.** ●● A 10 mile walk in the beautiful Doethie Valley is planned on the Saturday, followed by a barbeque. A shorter walk and/or possibly some work on the hostel on the Sunday. Hostel places now booked but camping places available at £5 per night. To book contact Rachel on 20851176
- Sunday 13 **Small COGs Walk.** Contact Jane and John on 20759980
- Tuesday 15 **Rowing. Meet 6.30 p.m. Roath Park Boat House.** If it's wet, there will be a walk around the park. Drinks at the Three Arches after. Contact Catherine H on 2062 4416.
- Saturday 19 **Heritage Coast Walk** ●●● 19 miles of Jurassic coast from Ogmores-by-Sea to Barry, using public transport at either end. Sun, sea, and a cooling offshore breeze will combine to leave you tired but happy. Names to Steve B (07812 586949) by 16 July. **BPL.**
- Sunday 20 **Langstone and Wentwood Walk** ●● (8 miles) Farmland, woodland, and fine views of the River Severn. Contact Sarah on 01633 810482. **Meet 10.00 a.m. Chapter. BPL.**
- Tuesday 22 **New Members Evening Walk** ● (2-4 miles) along the River Taff to the bay, where we shall go for some refreshments. Either walk back or catch the train. Contact Katherine 2088 1572. **Meet 6.45 p.m. Museum.**
- Sunday 27 **Beacons, Waterfalls and Ridges** ●● (9 miles). Past waterfalls and up Craig y Fan Ddu to Fan Y Big. Contact Jane O on 20402571. **Meet 10.00 a.m. Chapter. BPL.**
- Tuesday 29 **Dewstow Hidden Gardens and Grottoes.** A chance visit the stunning Dewstow Gardens, rediscovered in 2001. See [www.dewstow.com/gardens.htm](http://www.dewstow.com/gardens.htm). Contact Jeanie on 01633 891508 or [jy.gray@ntlworld.com](mailto:jy.gray@ntlworld.com) by 15th July to book your place.

## Forthcoming Event

Fri 10 – Sun 12 October **Liverpool YHA Weekend.** Enjoy the many attractions of this year's European Capital of Culture. The hostel is next to Albert Dock, a 10 minute walk from the city centre. Cost of the YHA booking (two nights with breakfasts): £49.00. Deadline for payment to David: Tuesday 5 August. Contact David M on 2076 5815.

### For more details, contact:

Sian (Chair) 01446 719 697  
Viv (Secretary) 029 2076 3810  
Bob G. (Membership) 029 2020 4165

**Fancy organizing a walk, a weekend, or an event?** Please contact the programme organizers below. Your ideas are very welcome:

Weekends: Rhona 029 2086 0181  
Tuesdays: Bob N. 029 2057 5229

If you would like to bring children (under 17) or dogs, please check first with the event organiser.

### Meeting point for Sunday walks:

Chapter main entrance, Market Road, Canton, Cardiff, CF5 1QE.

### Meeting point for Tuesdays

(unless otherwise stated): steps outside National Museum of Wales.

### Walk grading:

- easy
- moderate
- strenuous
- very strenuous

**BPL** = bring a packed lunch



New members always welcome  
[www.cardiffoutdoorgroup.org.uk](http://www.cardiffoutdoorgroup.org.uk)