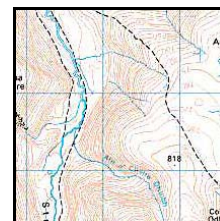


# November 2008 Cardiff Outdoor Group



walking weekends away back-packing cycling evenings out

- Fri 31 – Sun 2 **Cheddar YHA Weekend.** Fully booked.
- Tuesday 4 **Tenpin Bowling** at Holywood Bowl in Cardiff Bay. Meet 8.00 p.m. in the foyer outside. Phone Sian on 01446 719697
- Sunday 9 **Newnham and Forest of Dean Walk ●●** (7 miles) around Newnham and the Eastern Forest of Dean. **Meet 9.30 a.m. Chapter. BPL.** Contact Julian 029 2056 7013.
- Tuesday 11 **Shaken not Stirred.** Help get in the mood for the cinema evening in a few weeks by watching a James Bond film over a take-away pizza. Vodka Martinis will be supplied. Film to be chosen by those there. Cost: £6 per person includes pizza and vodka martini. Bring your own wine. 7pm at Julian's house. Names in advance to 2056 7013 or email [info@cardiffoutdoorgroup.org.uk](mailto:info@cardiffoutdoorgroup.org.uk)
- Sunday 16 **Llanwonno Walk ●●** (8 miles) through woodland to admire the autumnal colour, including a visit to the grave of a famous runner. Pub stop at the end. **Meet 9.30 a.m. Chapter. BPL.** Contact Roger 029 2085 1176.
- Tuesday 18 **Annual General Meeting.** A review of the COG year plus a chance to have a say in the running of the group. Subjects for motions include: ● price of membership; ● cost per mile of car sharing; ● distribution of Three Peaks Trial profits; and ● YHA packaging policy. **8.00 p.m. Chapter Boardroom.**
- Sunday 23 **Grwyne Fawr Walk ●●** (8 miles) around the Grwyne Fawr Valley in Black Mountains, visiting the ancient church of Patrishow in its secluded mountain location. **Meet 9.30 a.m. Chapter. BPL.** Contact Brian 029 2049 4645.
- Tuesday 25 **Argentina talk** by John and Yvonne, based on their recent backpacking and camping trip. **8.00 p.m. Chapter Boardroom.**
- Saturday 29 **Reservoirs and Mountains Walk ●●●** (12-13 miles) a south to north route from Libanus to Llwyn Onn in the Brecon Beacons along the Taff Trail. The walk passes along the west side of the reservoirs Llwyn Onn and Cantref before ascending Pen y Fan and ending in the Tai'r Bull pub in Libanus. Its a linear walk so we need to catch the bus. The bus leaves Libanus at 8.50 a.m. **Meet 7.40 a.m. Chapter** for a prompt departure. **BPL.** Contact Chris L. on 029 2023 8576.
- Sunday 30 **Brecon Waterfall Walk and Distillery Visit ●** (6 miles). Breathtaking scenery, clear rivers and tumultuous waterfalls, followed by a visit to Penderyn Distillery exhibition centre. Taste their products and learn about the history of whisky-making in Wales. Cost £7 approx depending on numbers. **Meet 9.30 a.m. Chapter. BPL.** Booking required. Contact Katherine on 029 2088 1572 by 25 November.

## Forthcoming event

New Year 2009 **Bath YHA.** Spend New Year in beautiful Bath. Contact Julian on 029 2056 7013.

### For more details, contact:

Sian (Chair) 01446 719 697  
Viv (Secretary) 029 2076 3810  
Bob G. (Membership) 029 2020 4165

**Fancy organizing a walk, a weekend, or an event?** Please contact the programme organizers below. Your ideas are very welcome:

Weekends: Rhona 029 2086 0181  
Tuesdays: Bob N. 029 2057 5229

If you would like to bring children (under 17) or dogs, please check first with the event organiser.

### Meeting point for Sunday walks:

Chapter main entrance, Market Road, Canton, Cardiff, CF5 1QE.

### Meeting point for Tuesdays

(unless otherwise stated): steps outside National Museum of Wales.

### Walk grading:

- easy
- moderate
- strenuous
- very strenuous

**BPL** = bring a packed lunch



**New members always welcome**  
[www.cardiffoutdoorgroup.org.uk](http://www.cardiffoutdoorgroup.org.uk)