

# April 2009 Cardiff Outdoor Group



walking weekends away back-packing cycling evenings out

- Sunday 5 **Langstone and Wentwood Walk ●●** (7 miles). Farmland, woodland, and fine views of the River Severn. **Meet 10.00 a.m. Chapter. BPL.** Contact Sarah on 01633 810 482.
- Tuesday 7 **National Trust Talk.** The NT plays an active role in protecting and managing the countryside of Wales. It owns Sugar Loaf and Skirrid Fawr mountains, as well as 133 miles of Welsh coastline. Rob Reith has been a warden with the NT for twenty-two years and tonight he'll be giving a talk on the organization's work. **8.00 p.m. Chapter Boardroom.**
- Fri 10 – Mon 13 **Easter Weekend. New Forest at Burley YHA.** Possible activities include woodland and seaside walks, plus visits to the Isle of Wight and Beaulieu House and gardens, including the National Motor Museum. Cost of accommodation for 3 nights is £53.85 per head. For further details and to book, please contact Tony R. **immediately** on 029 2074 7743.
- Tuesday 14 **Pub Night** at The Old Cottage Cefn Onn, close to Lisvane railway station, from 8.00 p.m. There may also be a short walk. Contact Viv 029 2076 3810.
- Sunday 19 **Llandegfedd Walk ●●** (8 miles). A walk between the villages of Llandegfedd and Llangybi in the beautiful rolling countryside of Monmouthshire. Meet **10.00 a.m. Chapter. BPL.** Contact Bob N on 2057 5229.
- Sunday 19 **Small COGs walk.** Contact Dave and Sarah on 029 2030 1662.
- Tuesday 21 **Chocolate Tasting.** Give your taste buds a treat! There will be ten different makes of chocolate for you to sample. You'll be asked to guess which company makes each bar and rate each out of ten. Also Chris L. will give a talk on the story of chocolate. £1.00 per person charge to cover the cost of the chocolate. **8.00 p.m. Chapter Boardroom.**
- Saturday 25 **Ultimate Valleys Walk ●●●** Part 1 of the Ultimate Valleys Walk, from Pontypool to Ystrad Mynach. Contact Steve B on 07812 586 949.
- Sunday 26 **Blorenge Walk ●** (6 miles). Ascend the Blorenge the easy way, following part of the old tramway. Meet **10.00 a.m. Chapter. BPL.** Contact Rhona on 07816 499 754.
- Tuesday 28 **Roath Park Walk.** Meet **7.00 p.m. Roath Park gates.** Contact Phil S. 029 2075 7820.

**Forthcoming events:**

- ◆ 1-3 May **Pantyrathro Independent Hostel, Llansteffan.**
- ◆ 22 – 25 May **Anglesey YHA Late May Bank Holiday Weekend.**
- ◆ Fri 14 – Sun 16 August. **Tycornel Hostel Weekend.** This is one of the Elenydd independent hostels to which we donate some of the Three Peaks profits. Roger and Rachel have planned a leisurely weekend in this wild and beautiful area. The main event of this weekend is a Star Party to view the Perseids meteor showers. What could be better than a BBQ and a few glasses of wine followed by a super display of shooting stars against a dark night sky? The cost is £20.00 and space is limited. Camping is available at £10.00.

#### For more details, contact:

Sian (Chair) 01446 719 697  
Viv (Secretary) 029 2076 3810  
Bob G. (Membership) 029 2020 4165

**Fancy organizing a walk, a weekend, or an event?** Please contact the programme organizers below. Your ideas are very welcome:

Weekends: Rhona 029 2086 0181  
Tuesdays: Bob N. 029 2057 5229

**Meeting point for walks:** Chapter main entrance, Market Road, Canton, Cardiff, CF5 1QE. If you would like to bring children (under 17) or dogs, please check first with the event organiser.

#### Walk and cycle ride grading:

- easy
- moderate
- strenuous
- very strenuous

**BPL** = bring a packed lunch



New members always welcome  
[www.cardiffoutdoorgroup.org.uk](http://www.cardiffoutdoorgroup.org.uk)