

# September 2009 Cardiff Outdoor Group



walking weekends away back-packing cycling evenings out

- Tuesday 1 **End of Summer Evening Meal** at the Blue Anchor, Aberthaw. This ancient hostelry has a history that spans seven centuries and is renowned for its wide variety of real ales and excellent food. For further details or to book a place contact Sian D on 01446719697 or [shannycelt@hotmail.com](mailto:shannycelt@hotmail.com).
- Sunday 6 **Penarth Walk and BBQ** (● 5 miles circular) taking lesser known paths around Cosmeston and return via coastal path. Accessible by public transport. There will be either a BBQ or chilli upon return to house, £10 in aid of Marie Curie. Please bring alcohol if required. **Meet 10.30 a.m. at Liz's house**, 9 Lower Cwrt-y-Vil Road, Penarth, CF64 3HQ. Contact Liz L on 029 2070 0093 by 5 September to book your place and confirm dietary requirements.
- Tuesday 8 **Talk on Cuba** by Bob Hall. **8.00 p.m. Chapter Media Point.**
- Sunday 13 **Merthyr Mawr and beyond** (● 8-9 miles) from the car park at Ogmore Castle and on to explore a few of the many churches, castles and villages that nestle within this unspoilt area. Tea shop and pub at end of walk. **BPL. Meet 10.00 a.m. Chapter or 11.00 a.m. Ogmore Castle car park.** Contact Sian D on 01446719697 or email on [shannycelt@hotmail.com](mailto:shannycelt@hotmail.com)
- Tuesday 15 **Talk on Madagascar**, with Madagascar chocolate, by Richard. **8.00 p.m. Chapter Media Point.**
- Saturday 19 **Green Corridor Walk** (●●● 15 miles) From Pontcanna, across to Roath Park then along the 'Green Corridor' past Llanishen Reservoir and Cefn Onn on to the Ridgeway. The return takes in the Wenallt, Castell Coch and the Taff Trail. **BPL** but pub stop on the way. **Meet 9:30 a.m. car park for Pontcanna Fields** (grid ref. 167795). Free parking all day, but also easily accessible by public transport. Contact Chris L on 029 2023 8576.
- Sunday 20 **Small COGs walk** – contact Gabby and Pedro on 01656 742 962.
- Tuesday 22 **Absurd Person Singular**, an Alan Ayckbourn comedy at The New Theatre. **Meet 7.15 p.m. in the New Theatre foyer.** Contact Judy or Bob N on 2057 5229.
- Fri 25 – Sun 27 **Ridgeway Weekend.** Staying in a bunkhouse at a CAMRA pub: white horses, stone circles, and quaint villages. Jane O. on 2040 2571 or [janeormrod@ntlworld.com](mailto:janeormrod@ntlworld.com).
- Tuesday 29 **Mont Blanc Talk** by Steve Bees. **8.00 p.m. Chapter 1st Space.**

#### For more details, contact:

Sian (Chair) 01446 719 697  
Viv (Secretary) 029 2076 3810  
Bob G. (Membership) 029 2020 4165

**Fancy organizing a walk, a weekend, or an event?** Please contact the programme organizers below. Your ideas are very welcome:

Weekends: Rhona 029 2086 0181  
Tuesdays: Bob N. 029 2057 5229

If you would like to bring children (under 17) or dogs, please check first with the event organiser.

#### Meeting point for Sunday walks:

Chapter main entrance, Market Road, Canton, Cardiff, CF5 1QE.

#### Meeting point for Tuesdays

(unless otherwise stated): steps outside National Museum of Wales.

#### Walk grading:

- easy
- moderate
- strenuous
- very strenuous

**BPL** = bring a packed lunch



New members always welcome  
[www.cardiffoutdoorgroup.org.uk](http://www.cardiffoutdoorgroup.org.uk)