

May 2010 Cardiff Outdoor Group



walking weekends away back-packing cycling evenings out

- Friday 30th to Monday 3rd **Early May BH Bunkhouse in Rhayader**, organised by Enid. Phone Enid on 029 029 20655253. Rhayader is a new area for COG. **Fully booked**
- Wednesday 5th **Evening Walk ●** – Join me on a walk up the Wenallt and around Rhiwbina fields. Meet at the Deri at 7pm or catch the no.21 bus from the Central Station at 6.35pm. Have a drink in the Deri following the walk. Contact Katherine on 029 20881572
- Sunday 9th **Clydach Gorge walk ●●** - 7/8 mile walk in the Clydach Gorge west of Abergavenny. The area covered by this walk is rich in disused railway tracks, tunnels, cave systems and an ironworks. The views are extensive and apart from one stiff ascent, the tracks are good. BPL. Meet 10am at Chapter. Contact Bob N on 029 20575229
- Wednesday 12th **Music Night** - Moscow State Symphony Orchestra at St David's Hall COG goes all Russian for an evening of Borodin ("Polovtsian Dances"), Tchaikovsky (violin concerto) and Rimsky-Korsakov ("Scheherazade"), starting at 7.30 pm. If interested, contact Steve B on stevebees13@yahoo.co.uk a.s.a.p.
- Saturday 15th **Black Mountains Linear Walk ●●●** - A two summit 12 mile walk from Bwlch to Crickhowell taking in Mynydd Llangorse and Pen Allt Mawr with views of the Beacons and Mountains. BPL. Meet Chapter 8.30am to get the 9.49am bus from Crickhowell to Bwlch (takes 9 minutes). Contact Chris L on 029 2023 8576
- Tuesday 18th **Croquet at Duffryn Gardens**. An introduction to the game from Julian at Duffryn Gardens. Meet 6.30p.m at Chapter. Contact Julian L on 029 20567013 for details.
- Saturday 22nd **Rhymney Valley Walk - Hengoed to Aber Station ●●●** - A 17 mile linear walk from Hengoed to Aber (Caerphilly) using public transport at either end. There is an option to use the park and ride opposite Aber station. For further details & start time contact Roger G on: roger_rachel_gimblett@hotmail.com
- Sunday 23rd **Ystradfellte Waterfalls Walk ●●●** - The classic walk is back! 9-ish miles visiting some of the country's finest rivers, falls and wooded gorges. BPL. Meet 9.30am Chapter. Contact Jane O on 029 20402571 or janeormrod@ntlworld.com
- Tuesday 25th **Garth Walk ●●** - Up the Garth and back down via the Gwaelod y Garth Inn. Meet at Taffs Well train station at 6.30 pm. Contact Viv on 07791 470212.
- Friday 28th to Monday 31st May **BH Weekend in the Surrey Hills** - an area of outstanding natural beauty, staying at Holmbury St Mary Youth Hostel. Choice of trips to the North Downs or the nearby towns of Guildford and Dorking. Cost is £47.85 for 3 night's accommodation. Contact David M on 029 20765815 or 07736 339013. **See picture above.**



For more details, contact:

Jane (Chair) 029 20402571
Rosie (Secretary) 029 20613967
Bob G. (Membership) 029 20204165

Fancy organizing a walk, a weekend, or an event? Please contact the programme organizers below. Your ideas are very welcome:

Weekends: Steve B 07812 586949
Weeknights: Viv 029 20219226

If you would like to bring children (under 17) or dogs, please check first with the event organiser.

Meeting point for Sunday walks:

Chapter main entrance, Market Road, Canton, Cardiff, CF5 1QE.

Meeting point for Tuesdays

In the autumn and winter, this is at Chapter Arts Centre, unless otherwise stated.

Walk grading:

- easy
- moderate
- strenuous
- very strenuous

BPL = bring a packed lunch



New members always welcome
www.cardiffoutdoorgroup.org.uk